

Personal Equipment List for Saco River Trip

- Dry Bag or Duffle Bag – No Backpacks
- Sleeping Bag (It can get cold at night in Maine)
- Sleeping Pad
- Space Blanket
- Warm Jacket
- Sweatshirt or Wool Sweater or Fleece
- Winter Hat & Baseball Cap
- Rain Gear
- Tent – Your own or borrow from the Troop

Pack Everything in PLASTIC BAGS

Put everything in Ziplock bags then put it all into a large plastic trash bag within your duffle bag

Complete Change of Clothing including:

- Long Pants or Sweat Pants
- 2 T-Shirts
- 2 Long Sleeve Shirts
- Socks
- Underwear
- Sleeping Clothes
- Sneakers
- Swim Suit
- Towel
- Gloves
- Flashlight w/ new batteries
- **Insect Repellent** – you may want to bring a head net if you have one.
- Sun Screen
- Band-Aids / Personal First Aid Kit
- Toilet Paper
- Paper Towels
- Garbage Bags
- Liquid Soap for cleaning pans & cooking gear
- Tooth Brush & Paste
- Mess Kit (Cup, Bowl, Fork, Knife & Spoon)
- Water Bottles (Fill when you leave camp Sat Morning)
- Matches



Optional Items

- Bandana
- Camera
- Folding Camp Chair
- Fishing Gear
- Book
- Frisbee
- Nerf Football

Meet at St. John's Lot on Friday at 6:15 PM

Drivers will drop Scouts at home by 4:00 PM on Sunday

Cooking will be done by Patrols. Meal Planning at Troop Meeting. Patrols can borrow stoves from the Troop.

We will be sleeping at Danforth Bay Campground Friday Night and Camping along the Saco River Saturday.

Spending money for our traditional Sunday lunch at the Yankee Smoke House.