

Troop 185 - Nobscot Freeze Out Packing List

Departure: Friday, February 3, 7:00 PM at St. John's Church

This packing list has two pages.

Please read this carefully and make sure to BE PREPARED!

- Backpack - we will have a 20 minute hike into our site. Borrow one from the troop if necessary.
- Sleeping bag rated to 20°F degrees or lower. **This will be a trip where all scouts will need an extra sleeping bag or wool blanket in addition to their regular sleeping bag. The troop has a few extra sleeping bags if you need to borrow one.**
- Sleeping pad appropriate for cold-weather camping.
- Space blanket (a real space blanket, not one of the single-use emergency foil ones)
- Warm jacket
- Snow pants
- Rain gear
- Fleece, or wool sweater
- Winter hat
- Winter gloves with water-resistant shells
- A complete change of WARM clothes - NO COTTON!
 - Long pants, no jeans allowed
 - 2 T-shirts
 - Long sleeve shirt (wool, Smartwool is good)
 - Long-underwear (top and bottom)
 - 3 pairs of wool socks
 - Underwear
- **Sturdy-well fitted hiking boots**
- Sleeping clothes
- Headlamp and/or flashlight with new batteries
- Tent (each scout must have their own, or borrow one from the troop if needed)
- First aid kit
- Toilet paper
- Toothbrush/toothpaste
- Soap
- Small bottle of hand sanitizer
- Small day pack for climbing
- Matches and/or lighter
- Compass (if you have one)
- Pocket knife (if you have earned your Totin' Chip)
- **Two 1L/32Oz water bottles FILLED BEFORE YOU LEAVE.**
- Scout handbook if not yet First Class
- (Optional) A book to read

Personal Cooking/Eating Gear

- Personal mess kit
- 2 garbage bags
- Pack lunch for Saturday
- Trail snacks for Saturday
- No-cook breakfast for Sunday morning (we need to get on the road early!)

Patrol Cooking Gear (The responsibility of each Patrol leader to assign)

- Cooking meals:
 - Breakfast for Saturday morning
 - Dinner for Saturday evening
- Stove (gas will be provided)
- Patrol pots/pans
- Dish soap
- Dish towels
- Paper towels

Notes to remember when packing:

- Our site this year is about a 25 minute hike from the parking lot. Please pack your backpack accordingly and be ready to carry in/out everything in one trip.
- We'll be setting up camp in the dark so a headlamp (packed in an easily accessible place) makes things much easier.
- If you're not sure about your sleeping bag, please bring (or borrow) an extra one. Two sleeping bags can be used together.
- COVID-19 rules prohibit tent sharing (except for brothers)
- Remember your training on the proper way to dress for cold-weather hiking. Layers are important since you'll warm up quickly when moving and cool down quickly when resting.
- NO COTTON!
- Please remember to fill your water bottles before leaving home.
- Please keep in mind the cold conditions when planning meals. Plan hot, simple meals on this trip.
- If there is snow on the ground a sled might be helpful for transport.